

Phette Hollins



Phette Hollins is a writer, motivational speaker, and passion enthusiast who inspires others through her life's main mission: to stay true to herself. Through her contemporary fiction that often features women and relationships as they relate to sexuality and sensuality, her testimonies of how she stopped living a lie and found her truth, and her YouTube Channel series, *Address NOT Suppress*, Phette shares her journey to healing with the hope of not only healing herself, but also bringing awareness to others. The fact that people she knows (and doesn't know) bare their souls to her is a testament to her ability to reveal her authentic self and to encourage others to do the same.

For twenty years, Phette wrote in journals about her desire to find her passion and purpose, but she was clearly stuck, repeating cycles she had no clue were cycles. It wasn't until an AHA moment that she realized *How can I expect real happiness, real joy to come to me when I'm not being REAL with myself? Hating the lies she lived, the roles she played, Phette made the choice to slowly unveil, layer by layer, her true self. She found by doing so, it made it easier for her to walk in her purpose and to share with others.*

In actively seeking her passion, Phette realized that people, especially women, were unhappy. They were settling, living lies, merely existing. To Phette, this was a big deal.

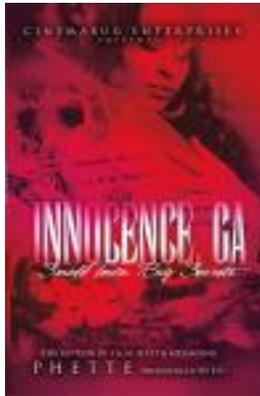
As women (and some men) reached out to her and shared their stories of despair, Phette set forth to encourage and empower them to act boldly and do what is necessary to get them unstuck. Her major vehicles for this are her one-on-one motivational speaking sessions and her YouTube Channel series, *Address NOT Suppress*, where she shares her personal testimonies in the hope of listening to and educating and informing women on a single principle: they matter, and it's not too late to *FILL IN THE BLANK*—write that book, lose weight, leave a marriage, be happy, etc.

Phette is the author of the short story collection, *It Can Happen to You*; the novel, *Innocence, GA*; and the co-writer of the blog soap opera, *Anderson Place* (<http://www.apblogopera.blogspot.com>). In 2015 Phette created the healing series *Address NOT*

Suppress, started the #GetNaked Movement, and released her first short film and five PSA's. Phette also wrote a stage play and started *HolliShort Films*.

Phette lives in Inkster, Michigan, with her two daughters, and she enjoys watching her favorite TV dramas and imagining being one of the writers and being any place where there is wine, music, and dancing. As she states, "Wine and music alone are OK, but if there's no dance floor, then there's no me."

Books:

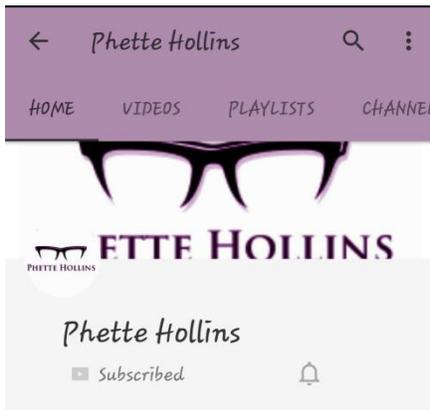


Ty is accustomed to having nice things and will use everyone in her path to get and keep them. She lures her prey with her smooth words and hypersexuality. Only one person knows of her devilish schemes and, every chance he gets, he threatens to expose her secrets to Ty's new target ~ Fatima, who is not only oblivious to Ty's drug & alcohol dependencies, but also has no idea she tricks for money. Fatima soon learns that's not all Ty is hiding and it isn't so easy untangling herself from Ty's web of deceit. Can Fatima convince Ty to right her wrongs or will Ty choose to stay engulfed in the wheel of greed?



The first installment in the It Can Happen To You series features the three short stories: S & M: Sexts & Messaging, The ID and Organized Karma. Come follow Sabra, Nya and LaTrease on their journeys as they cope with issues of loneliness, lust, sex, betrayal, deceit and love.

YouTube (Video Series)



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testament to her ability to reveal her authentic self and to encourage others to do the same.

<http://phettehollins.com/> <http://apblogopera.blogspot.com/> <https://twitter.com/phettehollins>

<https://www.facebook.com/phephi>



Address Not Suppress Healing Series ~Family
58 views

Address NOT Suppress was fueled out of a need to heal from a divorce and several failed relationships. Phette started the video diary as a means of being authentic and vulnerable as she searched for answers for her pain and her repeated patterns. She came to realize that in order to heal, you gotta keep it real. And since then, she's been doing just that.



The [#GetNaked](#) Movement is about removing the layers and stripping down to our bare (naked) selves, so that we can see the work that needs to be done. Removing what hurts to fully experience a life that works.

Join the Movement
& [#GetNakedToo](#)

Facebook: www.facebook.com/AddressNotSuppress

Instagram: https://www.instagram.com/get_naked_s...

Email: GetNakedTheMovement@gmail.com



HoliShorts

Short films, Plays, Public Service Announcements and Video Vignettes designed to inspire, encourage and invoke emotion and depth leading to uncompromisable change around the world. HoliShorts are written with the "open mind" in mind, intentionally created using current events, untouched topics and issues that affect the lives of everyday people. Each HoliShort is unique, bringing its viewers to the intersection between the "freedom of speech" and "endless possibilities of hope" while delivering messages underscored by truth and power leading the "eyes that see" to SEE greater happenings. Born out of a desire to empower the world to think free'er and to connect to what matters, creator and passion enthusiast Phette Hollins uses her inner vault and creative

creative gifts to give the world something they can feel. They are hardly short but perfectly packaged to deliver real messages in their most rawest and abbreviated form.

Daddy's Girl (Is A Hoe) is the first short in a series of short films, skits, PSA's, and a one-woman stage play in the #GetNaked Movement.

Interviews

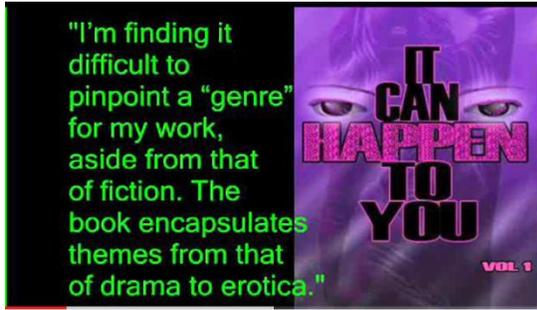


Red Remote pt 2 UDetroit Live 8.15.12



AJ Williams Interview with Phette Ogburn

JoeyPinkney.com Presents... 5 Minutes, 5 Questions With... Phette L. Ogburn (It Can Happen To



5:45 - Phette Ogburn, author of the book of short stories *It Can Happen To You*;
www.phetteogburn.com

Authors, Melinda Moustakis & Phette Ogburn!
Broadcast in [Books](#) 4 years ago

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#fun4damental #support #movement
#author #Phette Ogburn

Born in Wayne, Michigan, when she was little, Phette dreamt of

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TOXIC, WHEN RELATIONSHIPS JUST
AREN'T GOOD FOR YOU

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